

Come to China's "Hawaii" for a two-week Qigong Healing Holiday!



I'm Jeremy Colledge, I have been teaching Qigong for over twenty years.

Last year I spent two amazing weeks in Hainan, with a great friend Jianshe, at his Qigong centre.

The centre is situated a short bike ride from the beach, on the edge of a coconut forest.

After a week at the centre, we will travel to a top-quality hotel, a view from which is shown above! We will visit beautiful villages, a Lotus farm, and a trip to the Capital. Along the way we will meet locals, and practice qigong in stunning nature.

Zhineng Qigong is known for its simplicity to learn (If you don't already know it, I can help you pick it up before we leave..) it's an exceptionally safe form, and it's totally geared to self-healing.

For those "in the know" – we will be learning "The Five Organ Method" – Level Three!

The best flight leaves London Heathrow direct to (SYX) Sanya on Thursday evening 26th Sept at 22:10, (CZ652) the return comes back into Heathrow in the evening of the 10th October at 12:05 (CZ651) - The Flight is in the region of £500 – you are obliged to book this yourself, It's NOT included in the price! (Book quickly, the seats are going fast!)

When we arrive, We'll be met by Jianshe, who will look after us all through the two weeks.

The Accommodation, the transport on the Island, all catering and hotel costs are covered in the package price.

If you are prepared to share a room, the package costs £1350

If you want a single room then the cost is £1525

(There's also a possibility for you to stay for an extra third week at Jianshe's centre – for an additional £450)

To book a place please pay a deposit of £300 to me immediately. I expect this trip to sell out, don't miss your opportunity.

(It used to be complex to get a visa etc, but I'm told we don't need them for Hainan anymore. I'll double check this..)

My Bank details are as follows:-

JNW Colledge

NatWest Bank Plc

sort 60-23-19

Acc 44159234

Please email any questions you may have to jem@medicalqigong.co.uk

Or call me on 07808 738 520

Jeremy Colledge